

**KINDRED ADVOCACY**

**Scottish Charity No: 000264**

**Company No. SC409397**

**REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

## Report of the Directors For the Year ended 31 March 2021

The trustees who are also the directors present their annual report and financial statements of the charity for the year ended 31 March 2021.

The financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended), the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland (FRS102).

### Objectives

The objects of Kindred Advocacy are:

To promote the relief of families of children and young people affected by ill-health or disability; and, to promote equality and diversity by advocacy and campaigning on behalf of families of disabled children and young people for better access to public facilities.

### Activities

*'I travelled north to the offices of a voluntary-sector organization which offered support to families of children with a disability. Nothing prepared me for the intensity of the time I spent there. I was to shadow appointments, visit families in their homes and interview staff for a few days. The cramped offices tucked into a basement on a side street of a busy city came to represent an electricity substation in my mind, but instead of routing power, it was handling emotions which could capsize lives and bureaucratic procedure. Grief, anger, fear, shame, frustration: this was the raw stuff of the organization's working day. Listening was their first task, then the hard slog over months, or even years, of helping families navigate their way through complex bureaucracies of health, education and social services to fight for the care of their child. The cases that arrived at the charity's door were the toughest: children who did not fit any straightforward diagnosis, parents overwhelmed by the interactions with professionals and the needs of their child. The charity was caught at the interface between desperate families and an overstretched system of services hit by budget cuts and intent on rationing care.'*

Author and journalist Madeleine Bunting's powerful description of Kindred's service from her book *'Labours of Love: The Crisis of Care'*, (Granta, 2020).

This report is for the twelve months ending 31<sup>st</sup> of March 2021, Kindred's 30<sup>th</sup> anniversary year. This was a year like no other as the Covid-19 pandemic dramatically increased the need for our service and changed our way of working, perhaps forever. The financial year started in 'lock down' and we closed our offices and switched to working from home. Staff were equipped with new computers, providing greater connectivity to the internet, and we switched to providing support by phone, email and online meetings. Four staff were furloughed for much of the year and their contribution to our service was greatly missed. Staff who worked throughout the pandemic have needed a range of extra support and we have made great efforts to stay in touch while working remotely. On the positive side, we are emerging from the pandemic with a 'blended' model of working, with some staff enjoying working from home. Online meetings have greatly cut the time and cost of travel.

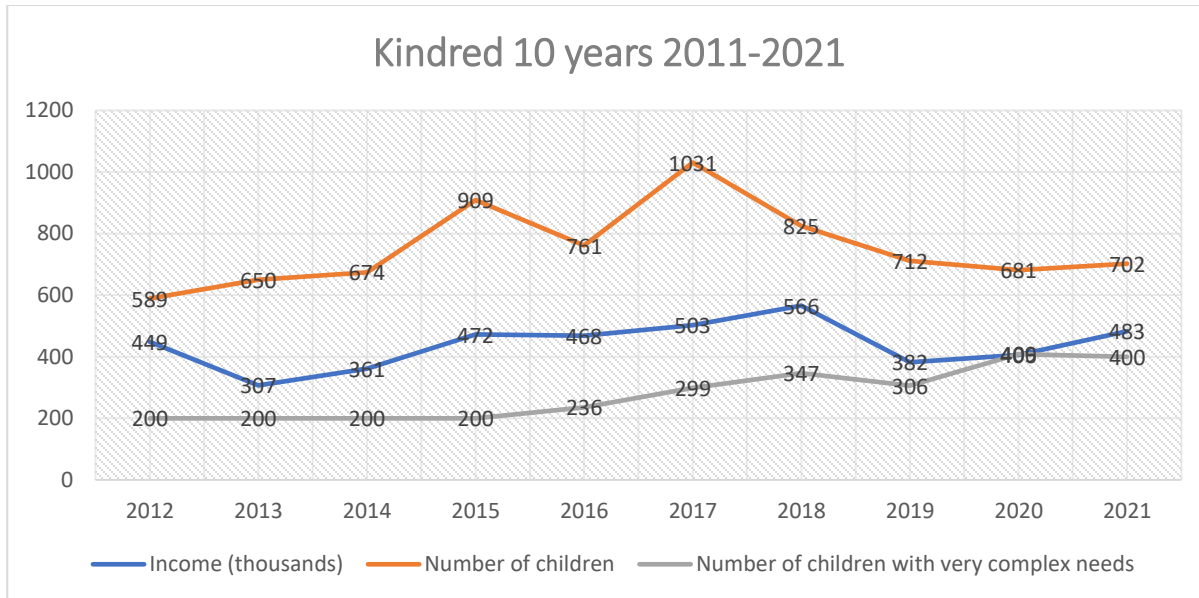
Despite the challenges of the pandemic, Kindred continued to provide a service to the same number of families and to increase our income in line with our strategic goals. Figure 1. below shows data over ten years, from 2011 to 2021. Over this time span, Kindred has achieved stability in our income and our service provision. In the last four years, we have worked hard to provide a consistent service to around 700 families each year. Supporting a staff team of 11 full time equivalent staff requires income of around £400,000 per annum and we have, by and large, successfully raised funds to meet this target. The pandemic has not impacted on this resilient performance.

In the last year we supported 702 children with complex needs and their families and increased our income and reserves. While overall numbers of children supported has come down from a peak of 1,031 in 2017, the number of children with very complex needs has risen steadily from 299 in 2017 to 400 in 2021. This reflects a strategic decision to support fewer families and focus our specialist advocacy service on those with greatest need. For the last two years around sixty percent of families have a child with very complex needs including complex disabilities, a life-limiting condition, or mental ill-health.

**Report of the Directors (Continued)  
For the Year ended 31 March 2021**

**Activities (continued)**

Figure 1. Stability in Kindred's finances and our service delivery



Throughout the year we have increased our efforts to raise Kindred's profile and expand our fundraising efforts. In April we were invited to appear in the UK Parliamentary Review 2020, showcasing best practice in the public and private sector and edited by the Rt Hon David Curry. The review is sent to over half a million individuals with the aim of raising standards by sharing knowledge, insight and best practice. Kindred's profile was illustrated with images by photographer Malcolm Cochrane and copies of the review were sent to 200 key stakeholders including MSPs, our supporters and funders.

In June, crime novelist and Kindred supporter Ian Rankin joined our Director, Sophie Pilgrim, on the Kaye Adams Show (BBC Radio Scotland). Ian spoke movingly of his experience of the pandemic and being unable to see his son Kit in residential care due to the need to protect him from the coronavirus. Like other families, using telephone or online platforms is not feasible for Kit because he is distressed by seeing or hearing his parents without being able to get a hug. Ian spoke about the additional impact on families caring for a child with a disability and the need for emotional and practical support, especially with the reduced provision of care, respite and schooling.

In August Kindred conducted a survey of 42 parents of children with complex disabilities and life limiting conditions from 17 local authority areas across Scotland. Thirty of the parents were caring for a child who is either tube-fed or ventilated. Some had struggled with their own medical treatment while others have lost relatives to Covid-19 and to other conditions. They had experienced difficulties with basic needs such as shopping and getting medications. Almost all reported exhaustion and fear of a 'second wave'. The survey highlighted the need for overnight respite care and showed the importance of special schools in providing medical care and respite as well as education and social opportunities for children. Later in the year we used the findings to campaign for carers to be prioritised for the vaccine with extensive media coverage on the BBC news, and national and local newspapers. Cabinet Secretary for Health and Social Care, Jeane Freeman, responded to coverage of Kindred's campaign on the BBC's political programme, The Nine, to confirm that carers would be amongst priority groups to receive the vaccine.

In October, we appointed a part-time fundraiser and we are delighted to welcome Hazel Cornish to our team. Hazel's induction and the first year of her post have been almost entirely achieved through online support and home working. We are starting to consolidate our fundraising efforts with more funding applications, improved recording of fundraising processes and a wider range of fundraising activities. One of Hazel's first tasks was to explore options for an online fundraising database. We have selected Donorfy which is an online system which will enable us to manage a wide range

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**Report of the Directors (Continued)  
For the Year ended 31 March 2021****Activities (continued)**

of information including details of our supporters and funders. Kindred has increased the number of regular substantive funders over time and we need to ensure we are able to keep track of requirements such as reporting deadlines.

In December, we held an online carol concert with music from the Linton Singers and parent Fiona Young spoke movingly about caring for her daughter Ava. We were delighted to be supported by St James the Less with fundraising from their AdventFest and Kindred staff joined in a Ladies Clothes Swap, Christmas cake bake and a carol service raising £1,600 for our service.

In the new year Scotland was back in lock down and Kindred renewed our campaigning, with an online petition to reopen special schools which achieved over 2,000 signatories. The main outcome of the campaign was to persuade Scottish Government that special school staff should be prioritised for the vaccine as they meet the criteria due to their role in providing medical and social care.

The Covid-19 pandemic meant that many of our 30<sup>th</sup> anniversary celebrations had to be set aside. However, the year came to an end on a high note as our hospital team moved into their four-person office at the new Royal Hospital for Children and Young People Edinburgh, continuing our thirty year partnership with the hospital.

**Achievements and Performance**

In 2020/2021 Kindred supported families of 702 children which was up slightly on the previous year's total of 681 families. The number of families of children with complex needs has remained the same at around 60%. We assisted 128 families of children with 'Exceptional Healthcare Needs' (children who are ventilated and/or tube-fed). These figures show an important and continuing trend in Kindred's service: our staff are supporting fewer families, but we are supporting a much higher proportion of families with a child with complex needs who require higher levels of support from our staff. Most of these children attend special school, have complex care packages including overnight respite, and require accessible or adapted housing. This trend in our work is confirmed by checking the level of Disability Living Allowance (DLA) or Personal Independence Payments (PIP) received by families using our service. Of those families where their DLA rate is known 53% have high rate DLA or enhanced PIP.

Kindred's Facebook and Twitter feed were important ways in which we provided information to parents during the pandemic, ensuring that they were up to date with Scottish Government guidance and announcements. Our Facebook page has grown from 2,878 followers 3,225.

Kindred staff assisted in raising a total of £1,766,452 in additional income for families of which £1,516,840 was in additional benefits income and £249,612 was for charitable trust grants. The trust grants were for items such as: sensory toys, 'tough' beds and other furniture, tablets and laptops, specialist equipment (baths, power chair, tilting bed, 'go to' seats, sleep systems, safe spaces, 'upsees', adapted sledge), holidays, hospital expenses, clothes, therapies and specialist physiotherapy, garden improvements and outdoor play equipment (trampolines, 'cozy willow pods'). A lot of work has gone into the administration of 1,084 individual grants, each making a real difference to family life.

Our three teams – the Hospital Team, Community Team and Fife Team – work closely with each family, helping them to understand their diagnosis and relevant services, and supporting them to negotiate the care of their child. Our online database Lamplight shows different patterns of work for our teams reflecting the different needs of parents using a particular service. In addition to our advocacy work, our experienced counsellors supported 21 parents.

Our hospital team supported 196 families in 2020/21 including 6 children who were being supported by the palliative care team, and 57 supported in Paediatric Intensive Care. Over 80% of families supported at the hospital have a child with complex needs. Through our hospital base, the team are able to spend time with families offering a listening ear at a time of greatest need. The team supported 77 families to liaise with their hospital consultant and 97 families were supported in discussion with a specialist nurse about their child's care. The team also assisted 30 families with discharge planning.

Our Fife team supported 223 families, including a very high proportion of children with complex needs in the community and this is reflected in a high level of activities in education, housing and healthcare advocacy. The team supported 26 placing requests to special schools and provided advice and information on education to 136 families. Kindred staff in Fife also made 50 applications for Disability Living Allowance, 4 applications for Personal Independence Payments, and liaised with specialist nurses to support 40 families.

Our Community Team supported 286 families. 23 parents were assisted to make a placing request and 131 were supported with information on education. They made 71 applications for Disability Living Allowance and 16 applications for PIP, and supported 44 families with housing, or housing adaptation. The team worked in collaboration with the Hospital Team to support discharge planning. This includes helping to ensure that the family home is properly equipped for care of the child and 18 families were supported to liaise with a specialist nurse.

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**Report of the Directors (Continued)  
For the Year ended 31 March 2021****Financial review**

The financial statements follow on pages 9 to 20.

Unrestricted income increased in the year to £129,100 (2020: £99,438). The increase was largely achieved due to the receipt of emergency COVID-19 grant funding totalling £51,462, including £5,751 under the Coronavirus Job Retention Scheme. Unrestricted expenditure decreased to £48,657 (2020: £98,962) resulting in a surplus for the year of £80,443 (2020: surplus £476). Accumulated balances on the Unrestricted fund at 31 March 2021 total £113,121.

The charity experienced an increase in restricted grant funding to £353,999 (2020: £306,528). Expenditure also increased, to £353,309 compared with £306,528 in the previous year. The balance on restricted funds at the year end of £690 (2020 - £nil) has been authorised for spend in the year to 31 March 2022.

**Reserves Policy**

The directors consider that the aim should be for free reserves to be at a level of at least six months of unrestricted running costs in order to allow the charity to operate from year to year, which is equivalent to £24,329. The current free reserves amount to £113,121 which represents 28 months running costs. The trustees are committed to sustaining reserves at this level as part of our strategy to increase financial stability.

**Treasurer's report**

In this financial year ending 31<sup>st</sup> March 2021, we have been successful in significantly increasing our reserves from £32,678 to £113,121. This has been a strategic aim for the last four years and is a considerable achievement during the pandemic. The increase in our income and reserves reflects Kindred's improved ability to describe and report on our services. Our total income was £483,099 and our expenditure was £401,966. The increase in our reserves has greatly improved operations as this removes the need to consider reducing our service and our staff team. The pandemic has continued much longer than expected and our additional reserves have helped us to maintain a full service for our families.

Kindred's long term funding includes income from Scottish Government, NHS Lothian and Fife Health and Social Care. We are very grateful to the National Lottery Community Fund for funding our work in Fife, and for two additional awards to support Kindred through the pandemic. We continue to receive multi-year funding from charitable trusts who understand our work and have offered valuable support and advice including: the Cordis Trust, The Henry Smith Foundation, The Robertson Trust, R S MacDonald Charitable Trust and the Agnes Hunter Trust. We are delighted to have received a very significant grant from the Julia and Hans Rausing Trust, and we are grateful to the Edinburgh Police Choir, St James Scottish Episcopal Church, Barratt Developments Plc and Stewart Investors for their very generous donations to Kindred.

Special thanks to James and Carole McGuire and the Eldon Charitable Trust for their generous support to our staff and to Kindred's service. Our fundraisers, Dan and Karen Docwra, have worked tirelessly throughout the year and have secured around twenty grants from trusts. We are very grateful, and every award has made a difference.

Our Chair, Huma Barrie, and our CEO, Sophie Pilgrim, have attended a number of fundraising and strategic planning events provided by the Corra Foundation on behalf of Scottish Government. We have succeeded in stabilising Kindred finances, diversifying our fundraising and increasing Kindred's profile. This work helps to ensure that Kindred is a recognisable brand and that future funders have confidence in investing in our service.

**Plans for Future Periods**

As we look ahead, we have every prospect of retaining our reserves and developing Kindred's fundraising capacity. Our new online database (Lamplight) will help us to evidence our outcomes for families. The addition of a part-time fundraiser to the team has greatly increased our capacity to develop new areas of funding such as community and corporate fundraising. Our fundraising database, Donorfy, will enable us to keep in touch with supporters and individual donors as well as major funders.

Our online systems (Lamplight, Donorfy and Xero) allow Kindred staff to work remotely if this is needed and with greater efficiency and less environmental impact. These systems provide greater confidentiality for our beneficiaries and our supporters. We will be well placed for new opportunities in statutory or charitable income.

Some Kindred staff have trained with the University of Kent (Tizard Centre) to deliver evidence-based training to parents of children with intellectual disabilities. We will be delivering training to groups of parents over eight sessions in collaboration with NHS Lothian CAMHS Learning Disability team. This is a new venture for Kindred and will bring a new level of expertise to our service.

Despite the global pandemic there was no reduction in Kindred service for parents and we managed to successfully achieve our strategic aim of establishing secure reserves. We may not have celebrated our 30<sup>th</sup> anniversary as we expected, but, even so, there is much to celebrate.

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**For the Year ended 31 March 2021****Reference and Administrative Details**

*Company Number:* SC409397

*Scottish Charity Registration No:* SC000264

*Registered Office:* 7 Rutland Court Lane, Edinburgh, EH3 8ES

*Bankers:* The Royal Bank of Scotland

*Company Directors: (Trustees)* The directors serving during the year and since the year end were as follows:

Huma Barrie (Chair)  
Siobhan Hogg (stepped down 14.11.20)  
Lesley Clemenson (stepped down 12.07.21)  
Kerry Thomson  
Colin Herbert  
Alastair Kirkpatrick  
Tracey Francis (Treasurer) (appointed 9.02.21)  
Grace Canham (appointed 23.02.21)  
Lesley Duncan (appointed 30.06.21)  
Hilary Peppiette (appointed 13.10.21)  
Claire Palmer (appointed 27.10.21)

*Secretary & Director of Operations:* Sophie Pilgrim

*Independent Examiner:* Christopher Spalding C.A. (ICAS)  
James Anderson & Co  
Chartered Accountants  
Pentland Estate  
Straiton  
EH20 9QH

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**Report of the Directors (Continued)**  
**For the Year ended 31 March 2021****Structure, Governance and Management**

Kindred Advocacy is a charitable company limited by guarantee and is governed by its Memorandum and Articles of Association dated 14 October 2011. The liability of each member is limited to £1. Kindred Advocacy is a registered charity with the Office of the Scottish Charity Regulator (OSCR).

*Structure*

The company will have no less than three and no more than ten directors who shall be responsible for the management of the company's business. At any one time at least two directors are to be parents of children with additional needs. The directors may be elected at any general meeting of the company or appointed by the other directors.

The board of directors appoints a Director of Operations, carries out financial management and is available to assist the Director of Operations. The Director of Operations is responsible for the day to day management of the charity's activities.

The board meets on a regular basis, on average seven times a year, to examine financial and operational matters. All staff have access to the board.

*Recruitment of Directors*

The directors are appointed to maintain a balance of skills within the board of directors.

*Induction and Training of Directors*

An induction programme, which includes a day spent shadowing staff, training and publications are made available to committee members to assist them to carry out their duties and understand their responsibilities. They take part in an annual development day when they review organisational strategy and their role in implementing that strategy.

*Pay Policy for Senior Staff*

The key management of the charity consists of a Director of Operations, Development Manager and four Advocacy Managers. Their salaries are set each year with regard to equivalent positions in similar organisations.

*Risk Management*

The trustees have a risk management strategy which comprises:

- an annual review of the principal risks and uncertainties that the charity face;
- the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

This work has identified that financial sustainability is the major financial risk for the charity. A key element in the management of financial risk is a regular review of available liquid funds and regular preparation of management accounts and comparison with budgets.

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**Report of the Directors (Continued)**  
**For the Year ended 31 March 2021****Statement of Directors' Responsibilities**

The directors are responsible for preparing the directors' report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing the financial statements the directors are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and accounting estimates that are reasonable and prudent.
- Observe the methods and principles in the Charities Statement of Recommended Practice.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with the small provisions of Part 15 of the Companies Act 2006 relating to small companies.

**On Behalf of the Board**

**Huma Barrie**  
**Director**

**7 December 2021**



**Independent Examiner's Report to the Trustees of Kindred Advocacy**

I report on the accounts of the charity for the year ended 31 March 2021 which are set out on pages 9 to 20.

**Respective responsibilities of trustees and examiner**

The charity's trustees (directors) are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (a) – (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44 (1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of Independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given in the accounts.

**Independent examiners statement**

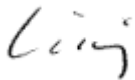
In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44 (1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (as amended) and
- to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations (as amended)

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Christopher Spalding CA (ICAS)  
James Anderson & Co  
Chartered Accountants  
Pentland Estate  
Straiton  
EH20 9QH

7 December 2021

**Statement of Financial Activities**  
**(including Income and Expenditure Account)**  
**For the Year ended 31 March 2021**

	Notes	Unrestricted Fund £	Restricted Funds £	Total Funds 2021 £	Total 2020 £
<b>Income from:</b>					
<b>Donations</b>	3	66,566	-	66,566	65,229
<b>Charitable activities</b>					
- Grants receivable	4	45,711	353,999	399,710	306,528
- Coronavirus Job Retention Scheme		5,751	-	5,751	-
<b>Other trading activities</b>					
Fundraising	5	11,072	-	11,072	17,654
<b>Other</b>	6	-	-	-	16,555
<b>Total income</b>		<u>129,100</u>	<u>353,999</u>	<u>483,099</u>	<u>405,966</u>
<b>Expenditure on:</b>					
- Raising funds	7	23,563	-	23,563	12,730
- Charitable activities	8	25,094	353,309	378,403	392,760
<b>Total expenditure</b>		<u>48,657</u>	<u>353,309</u>	<u>401,966</u>	<u>405,490</u>
<b>Net income / (expenditure)</b>		80,443	690	81,133	476
Transfers between funds	15	-	-	-	-
<b>Net movement in funds</b>		80,443	690	81,133	476
<b>Reconciliation of funds</b>					
Balances 31 March 2020		<u>32,678</u>	-	<u>32,678</u>	<u>32,202</u>
<b>Balances 31 March 2021</b>	15	<u>113,121</u>	<u>690</u>	<u>113,811</u>	<u>32,678</u>

All the results of the charity relate to continuing activities.

There were no other recognised gains or losses other than those included above.

**Balance Sheet**  
**As at 31 March 2021**

	<b>Notes</b>	<b>2021</b> <b>£</b>	<b>2020</b> <b>£</b>
<b>Fixed Assets</b>			
Tangible assets	11	<u>4,890</u>	<u>2,223</u>
<b>Current Assets</b>			
Debtors	12	4,755	58,627
Bank		<u>206,195</u>	<u>62,740</u>
		<u>210,950</u>	<u>121,367</u>
<b>Creditors</b>			
Amounts falling due within one year	13	<u>102,029</u>	<u>90,912</u>
<b>Net Current Assets</b>		<u>108,921</u>	<u>30,455</u>
<b>Net Assets</b>		<u>113,811</u>	<u>32,678</u>
<b>Charity Funds</b>			
Unrestricted fund	15	113,121	32,678
Restricted funds	15	<u>690</u>	<u>-</u>
<b>Total Funds</b>		<u>113,811</u>	<u>32,678</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

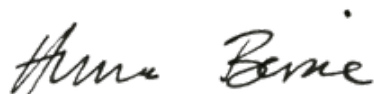
The members have not required the charitable company to obtain audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The financial statements on pages 9 to 20 were approved by and signed on behalf of the Board of Directors on 7 December 2021.



**Huma Barrie**  
**Director**

**Notes to the Financial Statements  
For the Year ended 31 March 2021****1. Statutory Information**

Kindred Advocacy is a private company, limited by guarantee with charitable status and registered in Scotland. The company's registration number and registered office address can be found at page 5.

The presentation currency of the financial statements is the Pound Sterling (£).

**2. Accounting Policies**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**a) Basis of Accounting**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

Kindred Advocacy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

**b) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**c) Fund accounting**

Unrestricted funds can be used on any activity within the charitable objectives of the charity.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is in the notes to the financial statements.

**d) Donated services**

In accordance with the Charities SoRP (FRS102) general volunteer time is not recognised in the accounts. Information regarding the contribution of volunteers is provided in the Report of the Directors.

**Notes to the Financial Statements  
For the Year ended 31 March 2021****e) Income**

Income is attributable to the one continuing activity to promote the relief of families of children and young people affected by ill-health or disability; and, to promote equality and diversity by advocacy and campaigning on behalf of families of disabled children and young people for better access to public facilities.

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and income from government and other grants are recognised when they have been communicated in writing with notification of both the amount and settlement date. In the event that a donation or grant is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

The charity receives contract income for the provision of its services. Contract income is recognised when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

**f) Expenditure**

Expenditure is recognised as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the statement of financial activities.

The support of fundraising activities is minimal and so all support costs have been allocated to expenditure on charitable activities.

**g) Tangible fixed assets and depreciation**

Expenditure over £500 is capitalised as a fixed asset where it represents either a new fixed asset or enhancement to an existing asset. Depreciation is provided at the following annual rates and charged to the Unrestricted Fund in order to write off each asset over its expected useful life less estimated residual value.

Equipment	25% straight line
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**h) Impairment**

Assets not measured at fair value are reviewed for any indication that the asset may be impaired at each balance sheet date. If such indication exists, the recoverable amount of the asset, or the asset's cash generating unit, is estimated and compared to the carrying amount. Where the carrying amount exceeds its recoverable amount, an impairment loss is recognised in profit or loss unless the asset is carried at a revalued amount where the impairment loss is a revaluation decrease.

**i) Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**Notes to the Financial Statements  
For the Year ended 31 March 2021**

**j) Cash in bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**k) Pensions**

The company operates a defined contribution scheme. Contributions are charged to the Income and Expenditure Account in the year they arise.

**l) Taxation**

No provision for corporation tax is necessary as the company has charitable status and does not trade. The company suffers input VAT on some of its expenditure which it does not recover.

**m) Operating leases**

Rentals payable under operating leases are charged to the Income and Expenditure Account on a straight line basis over the period of the lease.

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>3. Income from donations &amp; legacies</b>		
Mr & Mrs McGuire	6,439	6,017
PF Charitable Trust	3,000	3,000
Eldon Charitable Trust	2,000	2,000
WCH Trust for Children	-	1,000
Church of Scotland	-	1,000
David Solomons Charitable Trust	-	1,000
The Nancie Massey Charitable Trust	-	2,000
Anton Jurgens Charitable Trust	-	4,000
Baillie Gifford	-	1,000
Miss IF Harvey's Charitable Trust	-	1,000
The Pump House Trust	-	1,000
Inverkeithing Concern for the Aged	-	1,000
The Hospital Saturday Fund	-	2,000
Saints & Sinners Club of Scotland	-	1,000
The Stafford Trust	-	5,000
Leng Charitable Trust	-	1,500
The Felicity Wilde Charitable Trust	-	2,000
The Wood Foundation	-	3,000
The Maple Trust	-	1,000
Blackhall St Columba's Church	-	4,110
Barratt Developments Plc	10,000	-
Charities Aid Foundation	3,750	-
Stewart Investors	11,000	-
Corra Foundation – Community Wellbeing Fund	1,996	-
St James Scottish Episcopal Church	1,600	-
Edinburgh Police Choir	1,000	-
Avenel Trust	1,500	-
STV	2,000	-
The Souter Charitable Trust	3,000	-
Dentons	1,000	-
The Sir Jules Charitable Trust	1,000	-
Morton Fraser LLP	1,000	-
Other donations & appeals	16,281	16,043
ARK Housing Association (Donated Services)	-	5,559
	<hr/>	<hr/>
Total unrestricted donations	66,566	65,229
	<hr/>	<hr/>

**Notes to the Financial Statements  
For the Year ended 31 March 2021**

	2021 £	2020 £
<b>4. Grants receivable</b>		
Scottish Government - CYPFEIF	64,000	64,000
Fife Health & Social Care (Fife Team)	36,430	36,430
Asda (Fife Team)	200	-
Appletree Trust (Fife Team)	3,000	-
St Andrew's Erskine Church of Scotland (Fife Team)	-	421
Rotary Club of Edinburgh Jubilee Charity Fund (Fife Team)	-	1,000
National Lottery Community Fund (Fife Team)	28,546	4,952
The Russell Trust (Fife Team)	-	2,000
Garfield Weston Foundation (Fife Team)	-	25,000
National Lottery Community Fund (Exceptional Families Project)	24,759	31,263
The Henry Smith Charity (Exceptional Families Project)	43,333	16,667
Corra Foundation – Community Wellbeing Fund (Exceptional Families Project)	1,250	-
Agnes Hunter Trust (Exceptional Families Project)	2,400	-
Eldon Charitable Trust (Exception Families Project)	1,250	-
Cordis Charitable Trust (Hospital Team)	15,620	31,240
The Robertson Trust (Hospital Team)	9,500	19,000
NHS Lothian (Hospital Team)	40,000	40,000
City of Edinburgh Council s10 (Hospital Team)	5,376	12,902
The Edward Gostling Foundation (Hospital Team)	-	8,333
Swinton Paterson Trust (Hospital Team)	-	3,000
The Murdoch Charitable Trust (Hospital Team)	2,000	-
Meikle Foundation via Dentons (Hospital Team)	2,000	-
The Julia and Hans Rausing Trust (Hospital Team)	46,143	-
Corra Foundation Community Wellbeing Fund (Parent Counselling)	4,500	-
National Lottery Community Fund (Community Team)	10,000	-
The RS Macdonald Charitable Trust (Community Team)	2,500	10,320
Corra Foundation - Community Wellbeing Fund (Social Media & Fundraising)	1,415	-
The Julia and Hans Rausing Trust (Social Media & Fundraising)	9,777	-
<i>Total restricted grants received</i>	<u>353,999</u>	<u>306,528</u>
City of Edinburgh Council	10,000	-
Fife Council	7,500	-
Triangle Trust 1949 Fund	7,751	-
Corra Foundation - Resilience Fund	20,460	-
<i>Total unrestricted grants received</i>	<u>45,711</u>	<u>-</u>
Total grants received	<u>399,710</u>	<u>306,528</u>
<b>5. Other trading activities</b>		
Fundraising - Unrestricted fund	<u>11,072</u>	<u>17,654</u>
<b>6. Other income</b>		
Backdated employment allowance - Unrestricted fund	<u>-</u>	<u>16,555</u>

**Notes to the Financial Statements  
For the Year ended 31 March 2021**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>7. Expenditure on raising funds</b>		
Fundraising costs - Unrestricted fund	15,034	12,730
Salary costs - Unrestricted fund	8,529	-
	<u>23,563</u>	<u>12,730</u>
<b>8. Cost of charitable activities</b>		
Salaries & national insurance	277,503	276,829
Staff pensions	20,510	21,296
Staff recruitment	405	-
Staff expenses	916	4,756
Staff supervision	3,373	5,462
Staff training	828	1,256
Consulting costs	4,963	5,555
Discretionary payments to families	2,227	247
Travel for parents	-	323
Counsellor fees for parents	14,490	11,934
Organisational development expenses	797	4,222
Production of information	211	5,839
Catering and refreshments	448	2,013
Room hire	123	408
Rent & service charges	23,478	20,885
Water rates	606	828
Insurance	1,696	1,439
Heat & light	1,916	2,325
Cleaning	2,629	2,700
Printing & stationery	1,287	1,657
Postage	884	1,367
Telephone	7,660	5,611
Computer running costs	2,100	2,261
Other office costs	726	902
Subscriptions	2,065	520
Statutory fees	198	321
Bank charges	789	1,274
Bookkeeping services	-	5,559
Independent examiner's fee	3,000	3,000
Committee expenses	100	138
Sundry expenses	35	238
Annual report	-	20
Depreciation	2,440	1,575
	<u>378,403</u>	<u>392,760</u>
Charged to - Unrestricted fund	25,094	86,232
- Restricted funds	<u>353,309</u>	<u>306,528</u>



**Notes to the Financial Statements  
For the Year ended 31 March 2021**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>9. Staff Costs</b>		
Wages	267,133	258,294
Social security costs	18,299	18,535
Pension costs	21,110	21,296
	<u>306,542</u>	<u>298,125</u>
The average weekly number of employees during the year was:	<u>13</u>	<u>12</u>

The key management personnel of the charity comprise the Director of Operations, Development Manager and four Advocacy Managers. Their total benefits were £176,740 (2020: £172,336).

No employee received remuneration of more than £60,000.

<b>10. Pension Costs</b>		
	<b>No</b>	<b>No</b>
No of staff in pension scheme	<u>13</u>	<u>12</u>
	<b>£</b>	<b>£</b>
Pension cost charge	<u>21,110</u>	<u>21,296</u>

**11. Tangible Fixed Assets**

<b>Cost</b>	<b>Office Equipment £</b>
As at 31 March 2020	31,348
Additions	5,107
Disposals	-
	<u>36,455</u>
As at 31 March 2021	36,455
<b>Depreciation</b>	
As at 31 March 2020	29,125
Charge for year	2,440
Written back on disposals	-
	<u>31,565</u>
As at 31 March 2021	31,565
<b>Net Book Value</b>	
At 31 March 2021	4,890
At 31 March 2020	<u>2,223</u>

**Notes to the Financial Statements  
For the Year ended 31 March 2021**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>12. Debtors</b>		
Prepayments	2,667	3,132
Other debtors	2,088	55,495
	<u>4,755</u>	<u>58,627</u>

**13. Creditors due within one year**

	<b>£</b>	<b>£</b>
Trade creditors & accruals	8,260	8,496
Other taxes & social security	5,723	5,610
Deferred income (note 14)	88,046	76,806
	<u>102,029</u>	<u>90,912</u>

**14. Deferred Income**

Deferred income relates to grant funding where the terms and conditions of the funding have not been met at the year end and contracted income when the work has not been performed.

	<b>£</b>	<b>£</b>
Balance as at 31 March 2020	76,806	64,717
Amount released to income from charitable activities	(76,806)	(64,717)
Amount deferred in year	88,046	76,806
	<u>88,046</u>	<u>76,806</u>
Balance as at 31 March 2021 (note 13)	<u>88,046</u>	<u>76,806</u>

Notes to the Financial Statements  
For the Year ended 31 March 2021

## 15. Statement of Funds

	At 31 March 2020 £	Incoming Resources £	Resources Expended £	Transfers between funds £	At 31 March 2021 £
<b>Current Year</b>					
<b>Unrestricted fund</b>	32,678	129,100	(48,657)	-	113,121
<b>Restricted funds</b>					
Fife Team	-	79,368	(78,678)	-	690
Exceptional Families Project	-	72,992	(72,992)	-	-
Hospital Team	-	142,639	(142,639)	-	-
Parent Counselling	-	4,500	(4,500)	-	-
Community Team	-	33,500	(33,500)	-	-
Social Media & Fundraising	-	21,000	(21,000)	-	-
<b>Total restricted funds</b>	-	353,999	(353,309)	-	690
<b>Total funds</b>	32,678	483,099	(401,966)	-	113,811

	At 31 March 2019 £	Incoming Resources £	Resources Expended £	Transfers between funds £	At 31 March 2020 £
<b>Previous Year</b>					
<b>Unrestricted fund</b>	32,202	99,438	(98,962)	-	32,678
<b>Restricted funds</b>					
Fife Team	-	78,803	(78,803)	-	-
Exceptional Families Project	-	47,930	(47,930)	-	-
Hospital Team	-	134,475	(134,475)	-	-
Parent Counselling	-	-	-	-	-
Community Team	-	26,070	(26,070)	-	-
Social Media & Fundraising	-	19,250	(19,250)	-	-
<b>Total restricted funds</b>	-	306,528	(306,528)	-	-
<b>Total funds</b>	32,202	405,966	(405,490)	-	32,678

**Notes to the Financial Statements  
For the Year ended 31 March 2021**

The Unrestricted fund represents funds which are free to use in accordance with the objects of the charity.

The Restricted funds represent funds received and raised for specific purposes as outlined below:

**Restricted fund:**

**Specific purpose:**

**Fife Team**

Scottish Government - CYPFEIF  
Fife Health & Social Care  
National Lottery Community Fund  
St Andrew's Erskine Church of Scotland  
Appletree Trust  
Asda

Parent advocacy

**Exceptional Families Project**

National Lottery Community Fund  
The Henry Smith Charity  
Corra Foundation  
Agnes Hunter Trust  
Eldon Charitable Trust

Children with exceptional needs

**Hospital Team**

Scottish Government - CYPFEIF  
Cordis Charitable Trust  
The Robertson Trust  
NHS Lothian  
City of Edinburgh Council S10  
The Murdoch Charitable Trust  
Meikle Foundation  
The Julia and Hans Rausing Trust

Family support services at RHSC

**Parent Counselling**

Corra Foundation

Parent counselling service

**Community Team**

Scottish Government – CYPFEIF  
National Lottery Community Fund  
The RS Macdonald Charitable Trust

Helpline, emotional support, advocacy

**Social Media & Fundraising**

Scottish Government - CYPFEIF  
Corra Foundation  
The Julia and Hans Rausing Trust

Social media & fundraising

**Notes to the Financial Statements  
For the Year ended 31 March 2021**

**16. Analysis of Net Assets between Funds**

<i>Current Year</i>	<b>Tangible Fixed Assets £</b>	<b>Net Current Assets £</b>	<b>Total £</b>
Unrestricted Fund	4,890	108,231	113,121
Restricted funds	-	690	690
<b>31 March 2021</b>	<u>4,890</u>	<u>108,921</u>	<u>113,811</u>

<i>Previous Year</i>	<b>Tangible Fixed Assets £</b>	<b>Net Current Assets £</b>	<b>Total £</b>
Unrestricted Fund	2,223	30,455	32,678
Restricted funds	-	-	-
<b>31 March 2020</b>	<u>2,223</u>	<u>30,455</u>	<u>32,678</u>

**17. Related Parties**

No director received any remuneration or reimbursement of expenses during either the current or previous year.